

Popular Bengali Dishes



Kachchi Biryani

Kachchi Biryani is a delicious rice dish where tender goat or lamb meat pieces are marinated with lots of fried onions, whole spices, fresh herbs and yogurt. The term "kachchi" means raw referring to the biryani ingredients being combined raw in layers. The cooking pot is usually sealed with flour dough to allow the biryani to cook in its own steam.



Falooda

Falooda is a cold dessert made with noodles. It has origins in the Persian dish faloodeh, variants of which are found across West, Central, and South Asia. Traditionally it is made by mixing rose syrup, vermicelli, and sweet basil seeds with milk, often served with ice cream.



Rasgulla (Traditional Dessert)

Rasgulla or Rosogolla comes from the state of West Bengal which is famous for its mouth-watering desserts. Rasgulla is made from "chenna" which is obtained by curdling the milk. The chenna is mashed, made smooth, and then cooked in boiling sugar syrup.



Macher Jhol (Bengali Fish Curry)

Macher Jhol is one of the most popular dishes and is an important part of Bengali cuisine. It is a traditional fish curry made with turmeric, garlic, onions, and grated ginger and Indian spices and served with rice.



Seekh Kebab

Seekh Kebab is a Turkish dish that has become very popular in Bangladesh. It is made with minced meat and seasoned with ginger, garlic, green chili pepper, powdered chili, and other spices and formed into cylinders on skewers then grilled. Traditionally seekh kebabs are made on a barbecue grill or in a tandoor oven, which adds more color and flavor to the kebabs.

Explore the Bengali Aisle



Basil Seed Drink



Curry Powder



Seekh Kabab



Biryani



Rice Stick



Bhujia (Crispy Snack)

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MARCH

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SUNDAY DOMINGO	MONDAY LUNES	TUESDAY MARTES	WEDNESDAY MIÉRCOLES	THURSDAY JUEVES	FRIDAY VIERNES	SATURDAY SABADO
			1	2	3	4
5	6 Purim Ghana's Independence Day	7	8 Holi International Women's Day	9	10	11
12 Daylight Saving Begins	13	14	15	16	17 St. Patrick's Day	18
19	20 First Day of Spring	21	22 Ramadan Begins	23 Pakistan's Republic Day	24	25
26 Bangladesh's Independence Day	27	28	29	30	31	