

# Popular Dominican Dishes



## Quipes

Quipes are a classic Dominican appetizer passed on by Middle Eastern immigrants who settled on the island. They are a type of deep-fried meat-filled bulgur wheat roll, similar to Lebanese kibbeh. The biggest difference between them is that quipes use ground beef and exclude middle eastern spices and seasonings. These crispy rolls are usually served as appetizers.



## Morir Soñando

Morir Soñando is a popular beverage of the Dominican Republic usually made of orange juice, milk, cane sugar, and chopped ice. Vanilla extract is sometimes also added, or evaporated milk is used instead of regular milk. Morir soñando literally translates "to die dreaming."



## Explore the Dominican Aisle



Salsa China Soy Sauce



Rancho Liquid Seasoning



Santo Domingo Coffee



Green Pigeon Peas



Dry Pollock Fillets



Bijol Seasoning



## Red Snapper

Dominican Fried Red Snapper is super crispy on the outside and tender on the inside, the most flavorful and popular fried fish in Dominican cuisine. It is usually served with white rice and fried plantains.



## Sancocho

Sancocho (Dominican meat and vegetables stew) is made with a variety of meats: smoked sausage, pork, chicken, beef and goat, and vegetables such as corn, yucca, plantains and butternut squash. It is served with white rice, slices of avocado, and hot sauce on the side. Sancocho is usually made for special occasions, but you can enjoy it any time.

## Habichuelas Con Dulce

Habichuelas con dulce is a Dominican dessert made with beans, milk, coconut milk, sweet potatoes (batata), raisins, and spices. The result is a soup-like sweet, creamy dessert that is served with our iconic galletas de leche, and toasted casabe.



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# AUGUST

AGOSTO  
2023

SUNDAY DOMINGO	MONDAY LUNES	TUESDAY MARTES	WEDNESDAY MIÉRCOLES	THURSDAY JUEVES	FRIDAY VIERNES	SATURDAY SABADO
		1	2	3	4	5
6 Jamaica's Independence Day Bolivia's Independence Day	7	8 Food Bazaar's Anniversary	9	10 Ecuador's Independence Day	11	12
13	14	15 India's Independence Day	16	17	18	19
20 Women's World Cup Ends	21	22	23	24	25 Uruguay's Independence Day	26
27	28	29	30	31 Trinidad & Tobago's Independence Day		